

# DIGI-MEd

Editorials in Personalized  
Digital Medicine Sciences



## What are Digital Therapeutics



company of Gemelli

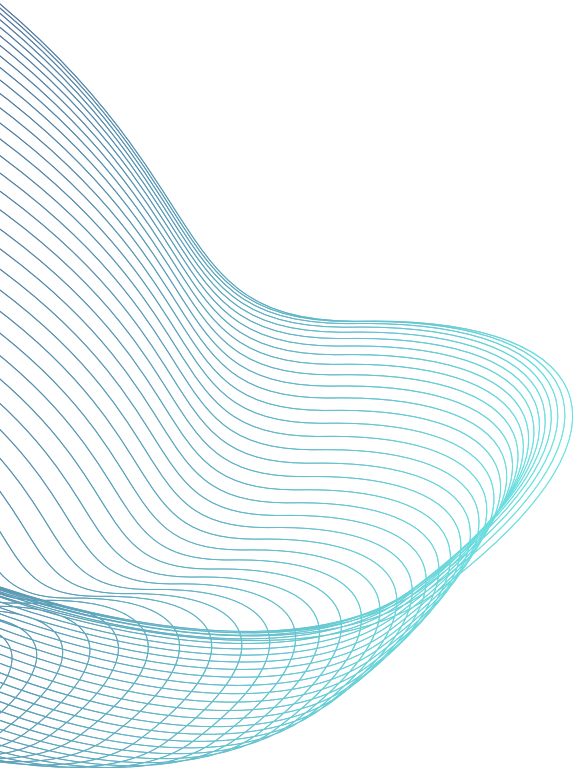


Fondazione Policlinico Universitario Agostino Gemelli IRCCS  
Università Cattolica del Sacro Cuore

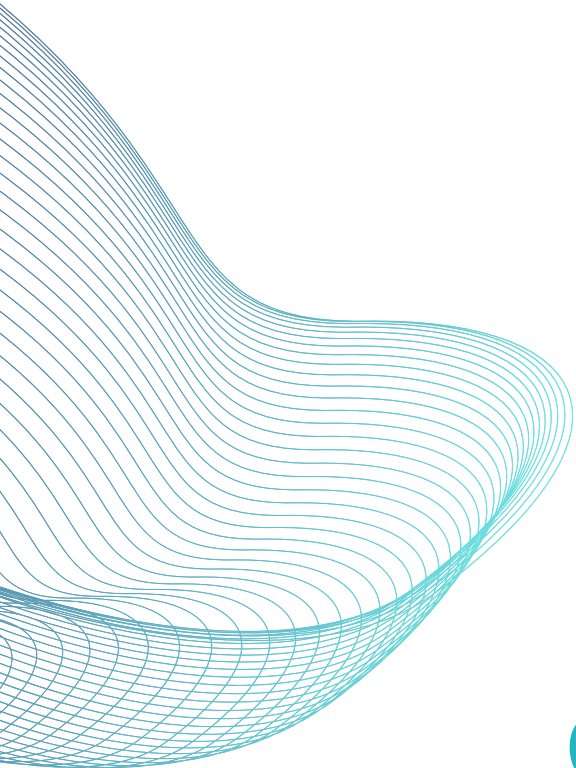


# What are Digital Therapeutics?

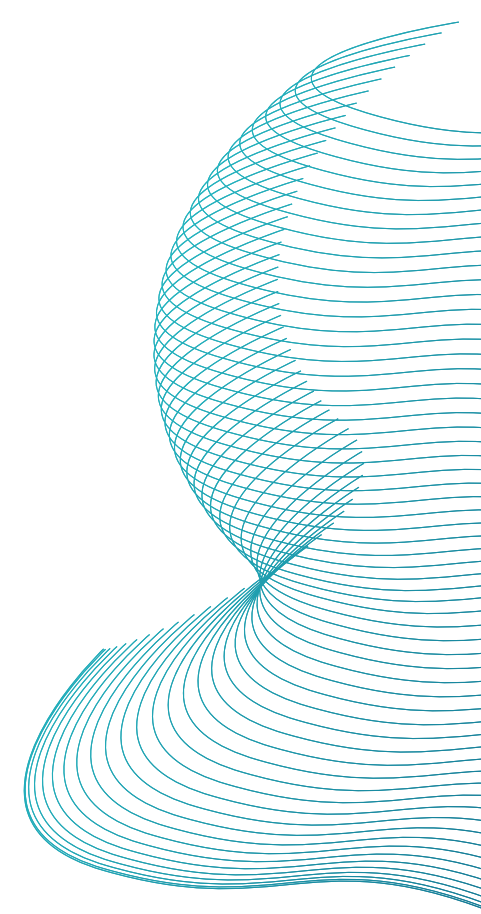
**Digital Therapeutics (DTx)**  
are evidence-based  
therapeutic interventions  
supported by several  
software to prevent or  
manage diseases.

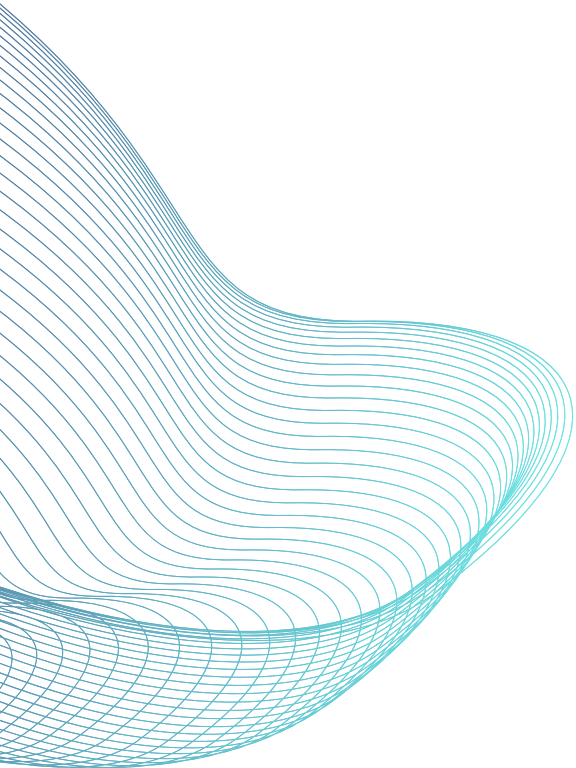


**The digital supports included in this process are mobile devices, apps or mechanic devices which record patients' behavioural patterns or changes.**



**Clinicians can also apply  
more traditional therapies  
for patients  
(pharmacological or  
therapies delivered in a  
healthcare endeavour) in  
combination with digital  
medicine solutions.**





**DTx has witnessed a major progress in the healthcare scenario. It can help patients in self-managing symptoms, thereby improving the quality of life.**